

# Spiritual Inspirer

December 2018

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## Greetings & Blessings from Higher Self...

December is upon us, and that means we are bringing 2018 to a close. We want to thank all the wonderful customers who have helped to make this year so great, and we look forward to being here for you in 2019. Higher Self is excited to share our December calendar as it is full of events, guests, and even new classes, bringing 2018 to a fantastic finish! On the 2nd, we start with the Hot Cocoa crawl (so vote for us!). Of course we will be doing the downtown TC Ladies' Night Higher Self Style! Plan to join us for an evening of fun, friends, shopping (and more!) for everyone. Our new classes are: Highly Sensitive People, and Strengthening Your Intuition. We close the year preparing for Gwen and her Principles of Majick - Manifestation class. Start 2019 with our New Year Metaphysical Fair on January 12. And be sure to take a look at our January calendar - yes, there is a lot happening!

Blessing and Be well...

Your Higher Self Crew - Jo, Jeff, Zach, Allie, Andi, Kafi, and Tyler plus all of our wonderful readers.

### The Downtown Cocoa Crawl

Sunday, December 2nd

11:00am - 3:00 pm

Join us in Downtown Traverse City for the Cocoa Crawl! Spend the day in Downtown shopping local for the holidays and sipping on hot cocoa at various locations. Participants will vote for their favorite. Fun for the whole family! Free to the public, ballots will be located at each participating business. Once completed, ballots may be submitted at the tall red mailbox next to Santa's House at the corner of Cass and Front. Come taste our "OMG Healthy Is Good" dairy-free cocoa and check out our selection of great gifts!

### Ladies' Shopping Night

Thursday, December 6th

5:00 - 9:00pm

Downtown Traverse City will be hosting Ladies' Night! This night is a salute to the ladies -- enjoy food, refreshments, and specials for your shopping needs as well. Here are a few of the perks HS is offering on this special shopping evening: Chocolates, Champagne, free gift wrapping, 20% discount on all regular priced merchandise with an additional 5% on jewelry items priced at \$99 or above - and a few surprises! Lisa, creator of Goddess Rising products will be in store. Our amazing Kafi will be giving free Goddess card readings! We invite you to create a Wish List to help those shopping for you get just what you want. FYI: Guy's Night is the next Thursday, December 13th ;-)

### Empath & HSP (Highly Sensitive Person)

Monday, December 10th

6:30pm - 8:00pm

with Traci Croton, CHT

Come learn from Traci Croton, CHT about what it means to be an Empath as well as a HSP and how the two combined can really make you feel unbalanced. Unexplained illnesses, stress, anxiety attacks, as well as misdiagnosis of A.D.D. and A.D.H.D. and more! Learn skills to help you feel more empowered in your life and utilize the gift of being an Empath and HSP to your advantage!!! Cost: \$30

**Men's Shopping Night**  
Thursday, December 13th  
5:00 - 9:00pm

Downtown Traverse City will be hosting the Men! This night is the time to round up the buddies and enjoy food, refreshments, and specials for your shopping needs as well. Here are a few of the perks HS is offering on this special shopping evening: Rums, Cake, free gift wrapping, 20% discount on all regular priced merchandise - and a few surprises. Stop in and see what is on your special lady's Wish List from her visit on Ladies' Night.

**Strengthen Your Intuition**  
Saturday, December 15th  
1:00 - 3:00pm  
with Jeff & Jo Currier

We all have this intuitive gift that we see as magic! Once you discover this within you, it is yours to carry forever. Come bring out this talent that resides within you and explore all the ways that you can grow and develop this skill. We will also show you the wonderful ways you can use this as your internal guidance system. By following this guidance system, you become aware of synchronicities and will easily step into the flow of life that is for your highest good and in alignment with the will of your soul. Cost: \$20

## Looking Ahead to January...

**Principles of Majick - Manifestation**  
January 5 @ 10:00am - 12:00pm

**Native American Flute Circle**  
First Sunday each month - January 6 @ 4:45 - 6:00pm

**Community Meditation & Satsang**  
Every Tuesday in January: 8, 15, 22 & 29 @ 7:00 - 8:30pm with Higher Self Staff

**Deeksha Blessing & Meditation**  
Thursday, December 10 & 24 @ 6:00 - 7:30pm with Jane Hale

**New Year's Metaphysical Fair**  
Saturday, January 12 @ 10:00am - 6:00pm

**Akashic Records I**  
Monday, January 14 @ 6:30 - 8:00pm with Traci Croton

**Yoga Nidra**  
Wednesday, January 16 @ 5:30 - 6:30pm with Naomi Cole

**Reiki Share**  
Wednesday, January 16 @ 7:00pm - 8:30pm with Higher Self Staff

Click [HERE](#) to book a class!

## 2019 Reiki Training

### Reiki 1 & 2

Saturday & Sunday, February 16 & 17 @ 10:00am - 5:30pm

### Reiki Master Training

Saturday & Sunday, March 2 & 3 @ 10:00am - 5:30pm

### Advanced Reiki Training (Level 3)

Saturday, April 27 @ 10:00am - 5:30 pm

### Reiki 1 & 2

Saturday & Sunday, October 19 & 20 @ 10:00am - 5:30pm

### Crystal Reiki

Saturday & Sunday, November 16 & 17 @ 10:00am - 5:30pm

Click [HERE](#) to book a Workshop!