

Higher Self

Upcoming Classes & Events – November 2017

313 E. Front St, Traverse City, MI 49684

PRE-REGISTRATION REQUESTED FOR ALL EVENTS: 231-941-5805

www.higherselfbookstore.com/monthly-calendar

Sync Your Calendar With Ours!

Intuitive Readings with Shirley Southerland ~ Spiritual Advisor & Counselor

Thursday, November 2 through November 6 Open to Close each day.

We are happy to welcome Shirley to Higher Self Bookstore. She has been a regular guest at Higher Self for over 20 years and we are excited to have her here. She is traveling once again from Virginia to Michigan to communicate with YOUR angels and guides. Shirley, an ordained minister and teacher, has developed an astounding ability to communicate directly..... with anyone's Angels. She has found these guides very eager to share their view of your life circumstances with you and provide very specific guidance for your life's fulfillment. For more on Shirley, visit <http://www.sites.google.com/site/shirleysoutherland>. Call for an appointment. \$85 for one-half hour, \$130 for one hour reading. Pre-payment is required. Both are recorded. Call Higher Self Bookstore at 231-941-5805 to schedule an appointment.

Deeksha Blessing and Meditation

Thursday, November 2 & 16 @ 7:30 - 9:00 pm with Jane Hale

Jane Hale went to India in 2006 to receive training from Sri Ama Bhagavan, the founders of Oneness Blessing, to be in service of giving Deeksha to others. Deeksha is a transmission of divine energy which begins a process of beneficial neurobiological shifts within the brain. Jane has spent the majority of her life engaged in movement therapy and the healing arts. She has been facilitating Deeksha in various settings, through the higher self, for over 10 years. Cost: By Donation

Shakti Women's Spirituality Study Group

Friday, November 3 @ 6:00 - 7:30pm with Rodasi Campbell

In these women's spirituality classes, women will experience circling with other women in sisterhood, sharing in ritual, ceremony and being lavished in the "beauty way." She will experience deep, vulnerable sharing and hold space for the same. There will be interesting teachings on Moonlore, Herblore, Herstory & the Rise of the Divine Feminine. This is primarily an experiential class; however, so all teaching will be woven into the experiences of guided journeying, sacred empowerment acts, talking stick and rites of passage. We will follow the wheel of the year, the moon, and the call of the spirit from month to month. Stay tuned for each month's topic. Each class will be a \$15 love donation with a sliding scale option. Any questions can be directed to Rodasi: sacredtc@gmail.com or Rodasi Campbell on Facebook.

Native American Flute Circle

First Sunday Each Month - November 5 @ 4:45-6:00pm

Come one, come all! Whether you play or listen, this flute circle is open to everyone no matter your level of expertise with the Native American Flute. FREE community event.

"Walk With Me" Movie Night

Tuesday, November 7, 7:00pm @ Cherry Blossom Theatre

Intro to Clairvoyance and Spiritual Seeing

Wednesday, November 8 @ 6:00 - 7:30pm with Brandaleen

Join Brandaleen in an engaging workshop where she will go into detail what clairvoyance, psychic seeing is and how you may be experiencing it already. She will lead you through a visual exercise so you can "see" for yourself that you may already be using your third eye and not your human eyes. Brandaleen will share the many different ways clairvoyance is presented to you and she will share what you can expect after developing this intuitive muscle. There will be time for Q&A. Cost \$15

Here's Your Sign - Understanding Scorpio

Wednesday, November 9, 6:30pm - 8:30pm with Zach Weisbarth

Join Astrologer Zach Weisbarth for the next installment of "Here's Your Sign" where we will be investigating in depth sun signs every month – November is everything Scorpio. While our Sun is in this sign, we will explore what the archetype Scorpio represents in our consciousness, how we can work with her energy, what it means to have Scorpio in our personal charts, and how we can deepen our connection to the Feminine Mysteries. Cost: \$20

Aromatherapy for Health & Well-Being

Friday, November 10 6:00pm – 8:00pm with Michelle Whitney

YOU have now learned the 5 languages at Higher Self... and now let us take it a step further and add in our astrology! It will be important to send in your birth information (date, as exact as possible your time of birth and your location of birth – if you don't have time... we can work with that!) with your registration for this workshop. And I will draw up participants Natal (at birth) Astrology Charts. We will discuss... YOU and your others Love Languages merging in the cosmic wisdom of mindful astrology. (children, significant others, business partners etc... it will be beneficial if you know the birthdays (Sun Signs) of your significant others) Cost: \$25

Aromatherapy for Health & Well-Being

Saturday, November 11, 1:30pm – 4:00pm with Mike Currier

Join Mike as he walks you through what aromatherapy is, covers some essential do's and don'ts and discusses which oils to use for a variety of scenarios including pain management, stress, anxiety and more. Mike shows you how to use essential oils both topically and for diffusing. This is a hands-on class, and there will be lots of practicing using essential oils. You will also receive a complimentary copy of our Therapeutic Essential Oil Guide. Take a long lunch, gather your friends, and discover how essential oils create health and well-being. Cost: \$30

Self Esteem Workshop

Saturday, November 11, 10:00am – 12:00pm with Cindra Moore

Join us for a transforming 2 hour class where we will explore positive behaviors, attributes, mindful breath with movement, affirmations and color therapy. Bring a friend or make it a solo adventure! Cost: \$20

Reiki Share

Monday, November 13, 7:00pm - 8:30pm with Higher Self Staff

We hold a Reiki Share at Higher Self the second Monday of every month. Our Reiki Share is open to everyone...those who are curious and want to experience Reiki... those that have experienced the joy and healing of Reiki...and those who are practitioners of Reiki at any level. Reiki Shares are offered at no cost, although donations are accepted in any way you feel guided – all donations are given to local community charities. Cost: Free —Benefit: Priceless. Just drop in... Feel free to bring friends!

Community Meditation & Satsang

Every Tuesday in November 14, 21, 28, 7pm - 8:30pm with Higher Self Staff

Traverse City Community Meditation & Satsang. Join your local community members for a free meditation class. Suitable for both beginners and experienced meditators, this class is open to people of all backgrounds and traditions. Class will start with a brief introduction to meditation, what it is, and how to meditate. After meditation, there will be time for spiritual Q&A (also known as "satsung" which means spiritual discourse or sacred gathering). Just drop in... Feel free to bring friends! All are welcome! FREE community event. **PLEASE NOTE: Tuesday, November 7th we will not be having meditation; please join us for movie night at Cherry Blossom Theatre!*

Healing Sessions with Hachumak ~ Peruvian Healer

Wednesday, November 15 through November 19 Open to Close each day.

The private healing sessions include the laying on of hands to specific parts of the body. The client is asked to close their eyes and focus within, but no specific thoughts need to be held or no conscious effort is needed from the client. Hachumak makes a dialogue with the deep part of the person's consciousness, and bringing the healing forces with whom he keeps a connection, the force of life directs itself to what is needed by the patient. This can have a clearing effect of past pains and darkness and reconnects the client's inner self with the healing force of life. This is not just a release of old patterns but a true reconstruction of the inner world of the client in a more healthy way. Healings \$250 for 1 ½ hours Call 231-941-5805 to schedule your appointment. Cash Only

Robert Downes - Windigo Moon, Life in the Great Lakes 400 Years Ago

Wednesday, November 15, 7:00 – 8:30pm

Author Robert Downes hopes his new book, Windigo Moon – A Novel of Native America, will cast light on the Ojibwe Nation, one of the most powerful tribes in North America, which has been largely ignored in books, film and the media. The talk includes: The devastating “Lost Century” of the 1500s and what it meant to Native peoples; The roles of Native men, women, the family and the clan; Life through the seasons: Spring, Summer, Fall and Winter; The importance of storytelling: myths, monsters and supernatural beings; The migration of the Ojibwe and its impact on other tribes. Cost: \$20

Oracle & Beyond Class

Thursday, November 16th, 6:30pm - 8:00pm with Jo Currier & Chelsea Spencer

Sometimes we just need something to quickly and gently uplift, motivate, or guide us, and using card decks can do just that! Cards can also help reveal deeper and hidden messages we sometimes miss. Whether you're looking for an uplifting quote, specific guidance from angels, divine, or the universe, or an idea for self-care, there's a deck to meet your need. Join Jo and Chelsea in this fun exploration and opportunity to learn how to use card decks personally and with others. 20% Discounts will be given on any card deck purchase that evening. Cost: \$ 20

The Shakti Priestess Apprenticeship

Saturday, October 18, 11:00am – 5:00pm (8-month course) with Rodasi Campbell

This opportunity is for women already on a solid spiritual path who wish to go deeper and commit themselves to unraveling, rising and growing sisterhood and radical feminine power in this community. This is for women who are drawn to holistic self-care, who are healers and teachers and wise women - women who know that they are called to serve. We will train through yogic practices, sacred circling, and training to lead Satsang transmission of lineage teachings, crafting and conjuring and more. This is a path of grounded, awakened power and beauty -- it is also not for someone who's just curious. Step into the temple, sisters who are ready to find initiation! Welcome -- your time has been prophesized! Let's do this together! Again, this is a longer-term commitment, so please sit quietly in sincere contemplation and follow the honest and clear guidance of your heart before stepping into this work. This 8-month apprenticeship is \$108 a month. To apply now or for any questions, please contact Rodasi: sacredtc@gmail.com or Rodasi Campbell on Facebook.

Amazon Jungle Retreat

Sunday, November 19th, 6:00pm - 7:00pm with Jorge

This is an informational session about the upcoming retreat that Jorge is having at his Amazon Jungle place April 16 - May 2, 2018. All questions, costs and everything you may want to know about the retreat so that you're comfortable committing to going. Free Event.

Thanksgiving Day – Store Closed

Thursday, November 23

Small Business Saturday

Saturday, November 25, Open to Close

Shop local and have fun this day. Ditch the big box stores for the charm and service that only the local merchants can provide you.

Journey Circle

Monday, November 27, 7:00pm - 8:30pm with Jeff Currier

Journey Circle – Connect to All That Is the fourth Monday of each month. Journeying is an ancient technique to connect with spirit for healing and direct revelation. Journeying allows you to connect to the past, present, and future for personal and community healing as well as for healing the earth. When we gather as a group the effect and impact is much more powerful and profound. You must be trained in how to Journey to participate. If you have any questions about your ability to participate, please call and talk to Jeff. FREE community event.

Men's Circle – The Sacred Masculine

Wednesday, November 29, 7:00pm - 8:00pm with Jeff Currier

This is an open circle for men to come share, learn, and discuss everyday issues that we face in today's world. Let the testosterone run and discuss and talk about all those things that we just don't get the chance to do. It is sometimes challenging to have the kinds of discussion or wonder if you're the only guy that thinks this way and your buddies just might not understand. This is a group to just meet and explore what's on our minds in a fun way. -- we set the rules. Free Event!

Sacred Relationships

Thursday, November 30th, 6:30pm - 8:30pm with Jeff & Jo

All of our human life revolves around relationship with others in many forms – romantic, family, platonic, work, and friendships to name a few. Each of these relationships hold a different energy. Join Jo and Jeff to discover how to hold the highest intentions with the various people/relationships in your life. And, yes, we will candidly share how to maintain a long-term sacred relationship with a partner. And, no, you do not have to attend this class with that partner! Cost: \$20

Looking Ahead to December:

Shakti Women's Spirituality Class

Friday, December 1, 6-7pm with Rodasi

Rock Your Mind Meditation

Saturday, December 2 & 3, 11am-5pm

BeautyWay BreathWork Ceremony

Saturday, December 2, 6-8pm

Native American Flute Circle

Sun December 3, 4:45pm-6pm

Ladies' Shopping Night

Thursday, December 7, 6-9pm

Here's Your Sign: Understanding Capricorn

Wednesday, December 13, 6:30-8:30pm

Men's Shopping Night

Thursday, December 14, 6-9pm

Shakti Priestess Apprenticeship

Saturday, December 16, 11am-5pm *with Rodasi*

Christmas Day

Monday, December 25 - Store Closed